



Families for  
Addiction Recovery

**WE ARE  
FAMILIES  
HELPING  
FAMILIES**

Supporting families affected by addiction, advocating for timely, compassionate, evidence-based treatment, and ending stigma.

[www.farcana.org](http://www.farcana.org)  
1-855-377-6677  
[info@farcana.org](mailto:info@farcana.org)

# PARENT GROUP SUPPORT

You are not alone

**Free support** group for parents.

**No judgment** just support and validation.

Run by a parent with **lived experience** with a degree in Psychology and an Addiction Worker Certificate.

**Bellwood Health Services**  
175 Brentcliffe Road, Toronto  
Held the 1<sup>ST</sup> and 3<sup>RD</sup> Mondays of each month.  
7:00PM - 8:30PM

# PARENT PHONE SUPPORT

We understand

**Help for parents across Canada** whose children (regardless of age) are struggling with addiction.

**Trained parent supporters with lived experience** lend an understanding ear and speak with you about strategies that can help both you and your child.

**Free and confidential.**

Support is by phone over a series of calls.  
Please visit our website for more information.



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